

Mother's

MAY 2019





Emergency Numbers

After hours GP Helpline 1800 022 222 Community Health (08) 9031 1311 Crisis Care (free call) 1800 625 800 Department of Child Protection (08) 9088 2900 Doctor's Surgery

(08) 9031 1093

One Tree Women's Crisis Centre

(08) 9031 1899

Police, Ambulance, Fire &

Rescue 000 or 112 (mobile) Health Direct 13 23 51 Hospital (08) 9088 2600 Horizon Power 13 23 51 Police (08) 9088 2777 Poisons Information 13 11 26 Royal Flying Doctor Service (emergencies only) 1800 625 800 Water Corporation 13 13 75 Accommodation Boomers Village (08) 9031 1135 Desert Inn Hotel (08) 9031 1188 Laverton Caravan Park (08) 9031 1072

(08) 9031 1072 Laverton Chalet/Motel (08) 9031 1130

Local directory

Oasis Serviced Apartments 0488 613 830 Building Services & Construction

Rod Hill- Painter and Decorator 0407 079 074

Café/Fast Food/Pub

Desert Deli 0498 215 116 Great Beyond Visitor Centre (08) 9031 1361 Desert Inn (08) 9031 1188

Children's Services

Story & Rhyme Time (08) 9031 1800 Youth Centre - Contact Shire of Laverton (08) 9031 1202

<u>Earth Works</u>

C&A Taylor Grading 0427 819 564 Desert Sands Cartage Contractors (08) 9031 1326

<u>Education</u>

Cosmo Newberry School (08) 9037 5943 Laverton Kindergarten (08) 9031 1020 Laverton School (08) 9031 1020 Mt Margaret School (08) 9037 5959 Mulga Queen School (08) 9031 3300



Electrical and Refrigeration

AS Refrigeration (08) 9031 1221 Powerchill (08) 9031 1172 PWT Electricians 0438 444 962 Auto Electrical Repairs & Air Conditioning 0408 092 332 Multiple Trades & Maintenance 9378 3395 <u>Funeral Directors</u> Leonora Funerals

0408 951 186

<u>Freight</u> Laverton Freight Yard 0488 717 628

Justices of the Peace

Mrs Shaneane Marjorie Weldon 0458745391 Mr Robert Martin Wedge

0417 951 153

Public Transport

Gold Rush Tours 1800 620 440

Mining/Exploration

Goldfields Australia-Granny Smith Mine (08) 9088 2105 Sunrise Dam Gold Mine (08) 9080 3765 Murrin Murrin Mine Site (08) 9212 8400 Windarra Mine Site (08) 9031 1611 Lynas Corporation Mt Weld (08) 9031 1645 Gruyere Project, Yamarna (08) 9037-5963



Dacian Gold, Mt Morgans Gold Operation (08) 6323 9100 Pest Control Mobile Pest and Weed Control (08) 9093 2809 Post Office Laverton Post Office (08) 9031 1101 **Recreation Clubs** Laverton Gym-Contact Shire of Laverton (08) 9031 1202 Laverton Race Club 0417 951 153 Laverton Sports Club Inc. (08) 9031 1220 Laverton Sporting Shooters Association 0418 935 518 Religion The Church of The Resurrection -Fr Robert O'Bryan 0457980852 LA Outback Church 0497 642 260 Service Station/Mechanic Laverton Motors (08) 9031 1210 Laverton Auto Electrics -Mechanical Repairs and Tyre Services-fully licensed repairer. 0408 092 332 Shire of Laverton Reception (08) 9031 1202 Great Beyond Visitor Centre (08) 9031 1361 Laverton Community Resource Centre/ Library (08) 9031 1800

Shire Councillors

President Cr. Patrick Hill *0419 925 371* Deputy President Cr. Shaneane Weldon *0458 745 391* Cr. Deanne Ross *0427 488 838* Cr. Robin Prentice 0409 311 442 Cr. Rex Ryles 0418 935 518 Cr. Rex Weldon 0427 348 516

<u>Shopping</u>

Laverton Supermarket (08) 9031 1675

Tourist/Recreation

Laverton Outback Gallery (08) 9031 1395 Great Beyond Visitor Centre (08) 9031 1361 Pastoral Properties

Banjawarn Station (08) 9037 5977 Bandya Station (08) 9031 3727 Delita Station (08) 9037 5954 Erlistoun Station (08) 9031 3954 Lake Wells Station (08) 9037 5962 Laverton Downs Station (08) 9037 5998 Minara Station (08) 9037 5966 Mt Weld Station 0438 188 769 Prenti Downs Station (08) 9981 2111 0488 581 729 White Cliffs Station (08) 9037 5950 Wonganoo Station (08) 9037 5942 Yamarna Station (08) 9037 5963

If you wish to add your number to this list, or you do not wish to be listed, please contact the Laverton Community Resource Centre.

(08) 9031 1800

Laverton@ crc.net.au





ANNUAL GENERAL MEETING OF ELECTORS

(Sections 5.27 & 5.29 Local Government Act 1995)

Notice is hereby given that the Annual General Meeting of Electors will be held in the Council Chambers, 9 MacPherson Place, Laverton commencing at 4.00pm on Thursday 23 May 2019.

The order of business will be:

- 1. Receiving of the 2017/18 Annual Report comprising:
 - President's Report
 - Chief Executive Officer's Report
 - Independent Auditor's Report
 - Audited Financial Statements
 - Other Reports as required by legislation
- Other General Business as accepted at the discretion of the Chairman.

Copies of the 2017/18 Annual Report will be available for viewing at the Shire of Laverton Administration Office and the Community Resource Centre during normal office hours.

Peter Naylor Chief Executive Officer

Shire of Laverton 9 MacPherson Place (PO Box 42) LAVERTON WA 6440 (08) 9031 1202 Page 5 May 2019

Shire news-position vacant





SHIRE OF LAVERTON Full Time Assistant Trainee Laverton Community Resource Centre

The Shire of Laverton seeks expressions of interest to fill a full time 12 month Assistant Traineeship with the Laverton Community Resource Centre.

The Community Resource Centre is seeking a person who is well presented and keen to commit themselves to a traineeship for a period of 12 months. During which time they will receive on the job training under the guidance of the Community Resource Centre Manager in the role of 'assistant' along with studying either a certificate 3 or 4 in business through a registered training organisation.

The main tasks will include customer service, assistance with planning and delivering programs and community events, assist in the operation of the Laverton Public Library, clerical tasks, Department of Transport, overseeing the compilation of the monthly magazine along with study requirements of the tertiary certificate.

The position requires reliability, initiative, good time management and organisation skills, a confidence to work unassisted on tasks with a willingness to learn and be trained in the day to day running of the Community Resource Centre. The applicant needs to be community minded with a desire to be part of a team. The salary will be in accordance with the Shire of Laverton Enterprise Bargaining Agreement 2017.

Applicants can collect a position description from the Community Resource Centre at Shop 4, Laver Place, Laverton or by contacting Jezaire Kelly on (08) 9031 1800. Applications should include a cover letter addressing your suitability to the position with current résumé. Applications are to be marked "Confidential – CRC Traineeship" and should be addressed to the Community Resource Centre Manager, Shire of Laverton, PO Box 42, Laverton, WA, 6440 and submitted either in person or via email to <u>laverton@crc.net.au</u>.

Applications close at 4pm on Friday 31st May 2019.

Peter Naylor Chief Executive Officer PO Box 42 Laverton WA 6440



LAVERTON

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Mother's Day, as we know it today, began in North America and was pioneered by two women: Julia Ward Howe and Anna Jarvis. Julia Ward Howe's quest to create a holiday dedicated to mothers and peace began in 1870, a time of civil war in North America. Howe wanted mothers to come together to stop their sons from fighting against each other. However, Howe's version of Mothers Day only lasted a few years.

Jarvis believed so strongly in Mothers Day that she even left her job to commit herself to having it recognized throughout the United States. Her hard work paid off in 1914 when Mothers Day was finally recognised nationally, with an official celebration date of the second Sunday in May.

Mothers Day in Australia is very much like the day Jarvis worked to create in the United States. However, in Australia we have our own special Mothers Day guardian. Janet Hayden was a woman who lived in Sydney and often visited a friend in hospital. In 1923, while at the hospital, she was struck by the number of patients who were lonely, ageing mothers, and campaigned for people to donate presents to them. School children and local businesses generously donated all sorts of goodies to the mothers.

- Today, Mothers Day is celebrated in over seventy nations around the world.
- * Every year, Australians spend about \$1.36 Billion on Mothers Day and \$660 Million on Fathers Day.
- * Approximately 122 million phone calls are made on Mothers Day.
- In Ethiopia, Mothers Day is celebrated at the end of the Rainy Season, as part of the three day Antrosht festival, dedicated to mums.
- In Serbia, Mothers Day is a part of a three day national holiday which also includes Children's Day and Fathers Day. On Children's day, Children are tied up and must agree to behave before they are unbound. On Mothers Day, It is the mums turn to be tied up, where she will remain until she supplies yummy treats and small gifts to her children. Finally, it's the fathers turn, the Dads are tied up with rope until they give their families Christmas gifts. After all this is done, everyone enjoys a large feast.

"A mother is you first friend, your best friend your forever friend"

HAPPY MOTHERS DAY

Page 7 May 2019

National simultaneous



#NSS2019 #1millionkidsreading

NATIONAL SIMULTANEOUS STORYTIME

Wednesday 22 May 2019 alia.org.au/nss

Alpacas with Maracas

MATT COSGROVE



and the Little of the

SCHOLASTIC



Proudly appressed by James Bannett





 Federal Election-Saturday 18 May voting polls at Laverton School, 8:00am-6:00pm.

 Driving Assessor in Town - Monday 20 May (bookings essential)

- National Simultaneous Storytime -Wednesday 22 May 2019
- Seniors Morning Tea -Thursday 30 May, 10:00 am.

Contact : Shop 4, Laver Place, Laverton, WA, 6440 laverton@crc.net.au (08) 9031 1800

Laverton Community Resource Centre News- March 2019

Hello Readers and Welcome to the May edition of the Sturt Pea Magazine.

With the start of the new School Term our weekly Story and Rhyme Time program has re-commenced every Wednesday morning, 10:30 am, all children 0-5 years, parents and carers are welcome.

On Wednesday 22 May, Story and Rhyme Time will be participating in the National Simultaneous Storytime. It will be a morning filled with fun including reading of the 2019 book 'Alpacas with Maracas' by author Matt Cosgrove and a morning tea for the children.

The Seniors Morning Tea will be held on Thursday 30 May at 10:00 am, all seniors are welcome to attend.

Congratulations to CRC Trainees Eva Fono and Jaclyn Jones for completing their 12 month Traineeships. The CRC Team will be welcoming Eva Fono as a parttime Library Officer, Eva will also be working part-time at the Great Beyond Visitor Centre. Unfortunately the CRC will be losing Team member Jaclyn Jones who has decided to move back to Tasmania, we wish her all the best and thank her for completing her 12 month traineeship with us.

The CRC is now advertising for a new Trainee, position descriptions can be collected from the CRC, applications close on Friday 31 May, details on page 5.

Enjoy the Read, Johanna Manager, Laverton Community Resource Centre

CRC News

Advertising Rates

Full Page Black & White\$25.00Full Page Colour\$40.00Half Page Black & White\$13.00Half page Colour\$22.00ClassifiedsFree

If you would like a copy of the Sturt Pea magazine emailed through to you each month, please email request through to creassist@laverton.wa.gov.au. Alternatively the monthly magazine can be viewed online through the Shire of laverton website, www.laverton.wa.gov.au.

Disclaimer

The information in this publication is of a general nature and is provided as a service to the community. No responsibility is accepted for the accuracy of this information. The Editor of the Sturt Pea reserves the right to reject or not publish any material which may be scandalous or offensive to any person. No liability will be accepted by the Editor for any statements of opinion, error or omission. Please email your submissions to crcassist@laverton.wa.gov.an. Page 9 May 2019

Story and Rhyme time





Seniors morning tea

SENIORS MORNING TEA

THURSDAY 2ND MAY 2019

THURSDAY 30TH MAY 2019

TIME: 10:00AM

LOCATION: LAVERTON COMMUNITY RESOURCE CENTRE

COME ALONG FOR A CUP OF COFFEE OR TEA, BINGO, TRIVIA AND A WHOLE LOT OF FUN!



Page 10 May 2019

Laverton community market



LAVERTON COMMUNITY MARKETS

On Saturday 30th May, the Laverton Community Resource Centre coordinated a Laverton Community Market. The morning was a big success with 13 stalls, 4 of which had come from outside of Laverton. Some of the stalls included show bags and food which were a big hit and enjoyed by over 80 people. The Laverton Community Resource Centre will now be coordinating the markets on a quarterly basis with the next one scheduled for the end of June.

From all of the staff at the Community Resource Centre, we would like to thank all the stallholders for supporting the event and everyone who came along on the day. Lets make the June markets bigger and better than the last



By Jaclyn Jones

Page 11 May 2019

church





A Message from the Catholic Parish of

Church of the Resurrection, Laverton

Please Note: Due to extra commitments with Nagle Catholic College, and a shortage of priests, at this stage, Fr Robert, will only be visiting once every two Months.

The next Mass (Feast of the Body and Blood of Christ) will be held Saturday 23rd June, Commencing at 6.00pm, next to the Great Beyond.

I do personally apologise for any inconvenience caused.

Please call me for any urgent matters.

For further details contact Fr Robert O'Bryan on 0457980852

Email: olmcchurch@westnet.com.au

Leonora gol den gift



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Great beyond news







The Great Beyond Explorers Hall of Fame

AUSTRALIA'S BIGGEST MORNING TEA

The Great Beyond will be hosting a 'Biggest Morning Tea' to help raise money for Cancer research.

For a gold coin donation, join us for a bite to eat and a chance to win some prizes or raffles. Feel free to bring a plate to share. Saturday 18 May, 10am-12pm at The Great Beyond.

INTERNATIONAL MUSEUMS DAY

International Museum Day is held on the 18 May each year and celebrates the important role Museums play in communities.

Please drop in to see what has changed and what is being planned for the Great Beyond, entry will be FREE!

WA DAY LONG WEEKEND

Just a reminder that the Great Beyond usual Public Holiday Trading hours will apply on Monday 3 June: Saturday 1 June: 9am-1pm Sunday 2 June: 9am-1pm Monday 3 June: 9am-1pm If your heading to Leonora for the Golden Gift come to our stall and say hello!

WA STATE HISTORY & HERITAGE CONFERENCE

Thanks to Lotterywest and the Australian Museums & Galleries Association WA, the Shire of Laverton recieved a bursary to attend the State Conference, held in Perth from 28-30 May 2019. Laurinda Hill attended the Conference where a number of keynote speakers gave presentations on changes to the Heritage Legislation, ways of activating and presenting Aboriginal Cultural Tourism, a well ascasebook studies of preventative conservation of collections and buildings. The Conference was well worth attending.



Monday - Friday 9.00am - 4.30pm

Saturday - Sunday 9.00am - 1.00pm

P: 9031 1361 E: greatbeyond@laverton.wa.gov.au Facebook: TheGreatBeyondLaverton

5 Augusta Street, Laverton, WA, 6440

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Great beyond news





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Laverton youth services



Laverton Youth Services



April school holidays were jam packed with daily activities and hours of fun to keep the kids entertained and occupied. Thank you Curtin Volunteers and YMCA Goldfields for visiting us during the holidays . Check out some of our highlights

























Check out some of our work on our YouTube channel



Laverton Youth Centre

Page 15 May 2019

Laverton youth services



Laverton Youth Services

BIG Breakfast

CV



Cooking Kangaroo Tails





Bike Repair workshop













Keep an eye out for activity updates on our Facebook page

@LavertonYouthServices

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- This is the chance to show off your Talent and have some fun!
- Open to all ages of the Community

Venue: Old Court House - Laverton Oval When: Friday 12 July Time : 4:30pm — 5:30pm



Come down to the CDC Office or the CRC and collect a registration form

- Closing date to register your act is Friday 5 July
- Drop registration forms to the CDC or CRC office.
- If you have any enquires please contact Regina on: 0456 545 447 or email cdccordinator@gmail.com

Hope to see you there!





NAIDOC 2019 Laverton Celebrations

Monday 8 July 2019- Kalgoorlie Parade

For the first time Laverton will be designing and entering a float in the Kalgoorlie NAIDOC parade. Parade leaves from Hannan Street at 11:00am, come along and show your support.

Friday 12 July- Laverton Community Day-

Laverton Oval

Football Competition Community Meal Community Talent Quest Youth Activities



















ANZAC Day 2019 Laverton

Community Development Manager -Jo Morgan





The theme of ANZAC Day 2019 was Service Nursing.

For more than one hundred years, service nurses have been treating defence force and civilian casualties during wars and peace operations.



Speech by Clir Shaneane Weldon

Three of Laverton's Nurses, Laura, Heather and Deanne paying their respects at the War Memorial

Beautiful wreaths from Daphne's Florist, Kalgoorlie.

Many thanks to all those who came along to pay their respects, and to everyone who helped make Laverton's ANZAC Day service and breakfast such a great success.

Special thanks to:

- Clirs Patrick Hill (Shire President), and Shaneane Weldon
- Shire of Laverton Town Crew
- Laverton Police, Rob Shields, Dale Grice
- Pastor Des Cannons
- Johanna and Michael McGuire
- Curtin Volunteers
- Gold Fields
- Laverton Supermarket
- Laurinda Hill
- Kevin Morgan
- Tiffany Farlow

One tree





Kungka Sessions

Every 2nd Thursday of the school term 4pm – 6pm

Girls must have a signed consent form to attend Forms are available at One Tree



KUNGKA IS BACK! Girls aged 9 – 16yrs are welcome

Fortnightly during school term.

Great activities and yummy food

Girls will be dropped home at the end of the session

Laverton Crisis Centre

20 Wedgewood cl Laverton, WA, 6440 (08) 9031 1899 lavertoncis@onetree.org.au

www.onetree.org.au

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Laverton, claim your free waterwise shower heads!

If you live in Laverton, you can swap up to two old shower heads for new water efficient models, free of charge, and save up to 20,000 litres of water a year.

Get waterwise. Get rewarded.

Terms and conditions apply. Visit watercorporation.com.au/community#Laverton









BEING WATERWISE IN LAVERTON

In conjunction with the water wise free shower head swap, the water corporation is now offering free plumbing checks to all non-residents of Laverton to ensure that the fixtures are water efficient.

For non-residential properties, the service will be limited to:

- An inspection

- Repair leaking taps, toilet cisterns and urinals at the property by conducting maintenance and replacing worn valves/washers where required (flick mix taps and damaged tap fixtures/piping is not included

Evaporative air conditioner system check and reset
 (if required)heading

By registering for this program, You agree and consent to the corporation providing your name, address and contact details to the plumber in order for the plumber to contact you to arrange the inspection and to undertake the services.

If you wish to participate in the program, you will need to contact the Water Corporation on (08) 9423 7117 or email waterwisetowns@watercorporation.com.au and register your interest in the program.

The free water wise shower head swap is still available at the Laverton Community Resource Centre until the 31st May 2019 or while stocks last.







HON ROBIN SCOTT MLC OF KALGOORLIE-BOULDER Member for Mining and Pastoral



At the age of sixteen Robin Scott came from Scotland with his parents to Western Australia, where he enrolled as an apprentice electrician. Immensely proud of his trade, Robin has worked for more than 30 years as an electrical contractor to the WA mining industry, especially in the Goldfields. Flying himself and his staff to electrical contracting assignments, Robin logged

4,000 hours in his Rockwell Commander, the aircraft he now uses to service his constituents in the vast Mining and Pastoral Region.

Robin is an enthusiastic campaigner for job opportunities through creating more apprenticeships for young men and young women. The Federal Government has partially embraced the Pauline Hanson's One Nation policy of subsidising apprentice wages 75% in the first year, 50% in the second year and 25% in the third year.

Robin Scott moved the Disallowance Motion which defeated the Government's attempt to increase the Gold Royalty by 50%. Robin is determined to protect and promote mining and led the defence against water charges for prospectors and small miners.

Robin's priorities for 2019 include:

- Water pipeline south from the Kimberley
- Sealing the Wiluna-Meekatharra Road
- Insist on rapid delivery of the promised MRI machine for Kalgoorlie
- Big upgrade for palliative care for the Goldfields
- Aged care facility for Leonora
- New hospital for Laverton
- Push the Federal Govt to abolish Fringe Benefits Tax for remote area workers
- More jobs through quicker approvals for mines

Hon Robin Scott MLC 99 Burt Street Boulder WA 6432 robin.scott@mp.wa.gov.au 08 9093 1455 0400 764 197



KYRAN O'DONNELL MLA



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Carpentry

PLEASE DON'T HESITATE TO CALL & ARRANGE A VISIT OR QUOTE

Andrew Langridge: 0438 871 509 (Goldfields Manager)

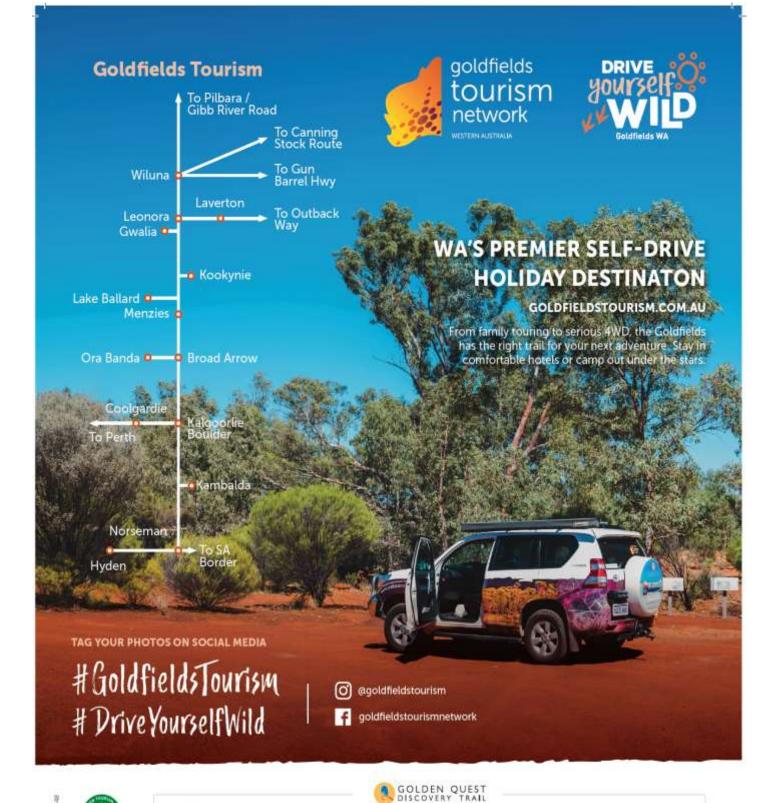
Phone: 9378 3395 (Perth Office) Email: info@mtmgroup.net.au

EC 004010 · PL 6438 · GF 008682 · RF 20212 · T 339

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Goldfields Tourism









GUIDEBOOK & AUDIO TOUR

Explore woodlands, indigenous culture and the goldrush past while you 'Drive Yourself Wild' on the Golden Quest Discovery Trail. www.goldenquesttrail.com







KALGOORLIE-BOULDER . COOLGARDIE . KAMBALDA LEONORA + LAVERTON + MENZIES + WILUNA + NORSEMAN

infoggoldfieldstourism.com au

Accommodation





OUTBACK Parks & Lodges

Leonora • Laverton • Coober Pedy • Cue • Wiluna

Leonora Lodge

1126 Otterburn St, Leonora, WA 6438 P 08 9037 7053

- E leonora@opl.net.au
- Swimming pool
- Gymnasium

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May 2019

- Recreation room
- Self contained units
- · Dining room
- BBQ area
- Guest laundry
- Mining shutdowns

Foxtel

Leonora Caravan Park

42 Rochester St, Leonora, WA 6438

Semi self-contained cabins

- P 08 9037 6568
- E leonoracp@opl.net.au
- Powered sites
- Budget en-suite rooms
- · Grass camping area with shade
- Campers kitchen & free BBQ area
- Guest laundry

· Single rooms with en-suite

· Double rooms with en-suite

Laverton Caravan Park

- 211 Weld Drive, Laverton, WA 6440 P 08 9031 1072
- E lavertoncp@opl.net.au
- Self contained cabins & units Grass camping area with shade Campers kitchen & BBQ area
- Single rooms with en-suite
 Guest laundry
- · On site vans
- Self contained ablutions

- Convenience store
- · Dining room
- Mining shutdowns

www.opl.net.au

- Powered sites
- Breakfast available





MEETING SPACE/TRAINING ROOM FOR HIRE

MULTIPURPOSE SPACE WITH BOARD ROOM TABLES AND SEATING

ALSO HAS EXTRA PRIVATE OFFICE FOR SHORT TERM RENTAL

MOBILE WHITEBOARD AND PROJECTOR

PLENTY OF PARKING

EQUIPPED WITH KITCHEN FACILITIES





WHERE: LLCCA (behind the Laverton Aboriginal Art Gallery) Cnr of Augusta & Euro Streets Laverton WA 6440

CONTACT: LLCCA PHONE: 08 9031 1395 EMAIL: admin@llcca.org.au











Page 27 May 2019







Laverton Aboriginal Art Gallery

Managed by LAVERTON LEONORA CROSS CULTURAL ASSOCIATION INC.



Created by Aboriginal artists from Laverton and the Ngaanyatjarra Lands of the Western Deserts.

Unique artworks that share the Tjukurrpa (Dreamtime) stories of this beautiful country and celebrate the cultural heritage of the region.

Eftpos facilities
Secure payments



The Laverton Gallery was established in 2002 to display, promote and sell authentic Aboriginal art on behalf of artists from Laverton & the Western Desert.

Email: admin@llcca.org.au | Phone: (08) 9031 1395 Cnr of Euro & Augusta St, Laverton W.A 6440 | P.O Box 123, Laverton W.A 6440







HAY FOR SALE:



Home grown and excellent quality.

Meadow Hay: \$ 125.00 per bale Oaten Hay: \$ 135.00 per bale

Please call: 08 9031 1326 for more information.



Desert Sands

Cartage

Contractors

EST. 1989



Premix, Blue Metal, Screened River Rock, Screened Sands, Potable Water Supply Cartage, Bulk Tipper Haulage, Drop—Deck Hire, Dozer Hire—D7R, Loader Hire, Float Hire, Remote Concrete



Phone (08) 9031 1326 Fax (08) 9031 1302 Email office@desertsands89.com.au www.desertsandscartage.com.au Laverton Western Australia



Servicing towns and communities throughout the North-Eastern Goldfields

www.facebook.com/Powerchill



Laverton Home and Community Care

(HACC Services)

HACC provides basic support services to frail aged people and younger people with disabilities (and their carers) to assist them to continue living independently in their own home and in the community.

HACC Services include:

Meal delivery or meal preparation assistance

Help with showering or grooming

House cleaning, laundry Help bill paying, banking and shopping

Help with local transport

Social support and Home gardening

Phone: 90882609 or 90882600 for assistance



Will be visiting LAVERTON HOSPITAL

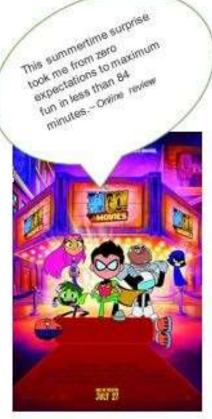
WEDNESDAY MAY 1ST

WEDNESDAY JUNE 12TH

** PLEASE REMEMBER TO GET A REFERRAL FROM YOUR GP BEFORE ATTENDING**



Matts Movie Reviews





Teen Titans GO! The movie. PG

Summary: When the Teen Titans go to the big screen, they go big! "Teen Titans GO! To the Movies" finds our egocentric, wildly satirical Super Heroes in their first feature film extravaganza - a fresh, gleefully clever, kid-appropriately crass and tongue-in-cheek play on the superhero genre, complete with musical numbers. It seems to the Teens that all the major superheroes out there are starring in their own movies everyone but the Teen Titans, that is! But de facto leader Robin is determined to remedy the situation, and be seen as a star instead of a sidekick. If only they could get the hottest Hollywood film director to notice them. With a few madcap ideas and a song in their heart, the Teen Titans head to Tinsel Town, certain to pull off their dream. But when the group is radically misdirected by a seriously super villain and his maniacal plan to take over the Earth, things really go awry. The team finds their friendship and their fighting spirit failing, putting the very fate of the Teen Titans themselves on the line!

Each episode features a specially-shot introduction from Sir David Attenborough in which he explains the reasons why he has selected it from such an incredible choice of award-winning programmes. – Online review

Attenborough's Anthology. G

Summary: In 60 years of broadcasting. Sir David Attenborough has visited almost every part of the planet and has helped produce some of the most stunning nature programmes ever made. These ten episodes represent Sir David's personal choice from a remarkable career. Illustrating the breadth and depth of his interest in the natural world and beyond; they share his unrivalled ability to explain the intricacies of the natural world in a captivating and entertaining manner - and all, of course, are illuminated by the incredible camera-work of the BBC's Natural History Unit. Each episode features a specially-shot introduction from Sir David in which he explains the reasons why he has selected it from such an incredible choice of award-winning programmes.

ATTENBOROUGH'S ANTHOLOGY

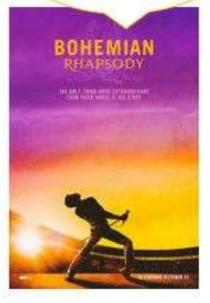
David Attenborough



Matts Movie Reviews

Bohemian Rhapsody and Rami Matek cleverly and warmly distill an era and its music into a thoroughly entertaining plece of music history. – Online review





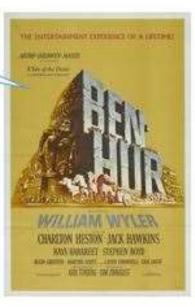
Bohemian Rhapsody. M

Summary: Bohemian Rhapsody is a foot-stomping celebration of Queen, their music and their extraordinary lead singer Freddie Mercury, who defied stereotypes and shattered convention to become one of the most beloved entertainers on the planet. The film traces the meteoric rise of the band through their iconic songs and revolutionary sound, their near-implosion as Mercury's lifestyle spirals out of control, and their triumphant reunion on the eve of Live Aid, where Mercury, facing a life-threatening illness, leads the band in one of the greatest performances in the history of rock music. In the process, cementing the legacy of a band that were always more like a family, and who continue to inspire outsiders, dreamers and music lovers to this day.

Powerful and masterfully crafted, Ben Hur is a timeless epic that will continue to thrill and move audience members throughout the generations..- Online review

BEN-HUR. G

Summary: Record-breaking winner of 11 Oscars, including Best Picture, Director, Actor, Supporting Actor, and Score, this epic masterpiece stars Charlton Heston ("The Ten Commandments," "Touch of Evil") in the title role of a rebellious Israelite Jew who takes on the Roman Empire during the time of Christ. Featuring one of the most famous action sequences of all time -- the breathtaking charlot race. Directed by Oscar-winner William Wyler ("Mrs. Miniver," "The Best Years of Our Lives"). Recently selected as one of the top 100 American films of all time by the prestigious American Film Institute.





Organise your garden shed for less than \$20

There is nothing worse than walking into the garden shed and not being able to find your favourite shovel! This quick and easy idea will not only save you money but also keep your shed organised and clean. All you will need is some PVC pipe, Screws and a few planks of timber.

Supplies:

All supplies have been sourced from Bunnings Warehouse,

https://www.bunnings.com.au/

- Screws: Zenith 18mm solid brass countersunk head wood screws: 20 pack = \$3.98
- PVC pipe: Holman 90mm x 3m PVC stormwater pipe = \$9.94
- Timber: Treated pine outdoor timber 70 x 35mm: \$3.65/per linear metre











70g (1/2 cup) grated carrots

Pinch of ground cinnamon

coating)

2 Tablespoons moist coconut flakes: Plus;

20g (1/3 cup) Moist coconut flakes (for

Apricot Bliss Balls

Ingredients:

- 200g dried apricots, coarsely chopped
- 2 Tablespoons white chia seeds
- 125ml (1/2 cup) fresh orange juice
- 10 medjool dates, pitted
- 75g (3/4 cup) rolled oats

Method:

- 1. Combine the apricot, chia seeds and orange juice in a shallow dish. Set aside, stirring occasionally, for 15 minutes to soak.
- 2. Transfer apricot mixture to a food processor. Add the dates, oats, carrots, coconut and cinnamon. Process until finely chopped and evenly combined.
- 3. Place extra coconut on a plate. Roll even tablespoons of the mixture into balls and roll into coconut. Store in an airtight container in the fridge .
- 4. Can be stored for up to four days in the fridge or up to one month in the freezer.

Prep time: 25 minutes Makes: 25



Zucchini Slice

Ingredients:

- 5 eggs
- 375g zucchini
- 3 bacon rashers
- 1 onion

Method:

- 1. Preheat oven to 180° (160° fan forced). In a large bowl, lightly whisk eggs. Grate zucchini coarsely. Finely chop onion and bacon.
- 2. Combine zucchini, onion, bacon, cheese, sifted flour, oil and lightly beaten eggs.
- 3. Season with salt and pepper and pour into a well greased lamington tin.
- 4. Bake in moderate oven for 30-40 minutes or until nicely browned.

Prep time: 10 minutes Cooking time: 40 minutes Makes: 4 serves

- 1 cup self raising flour, sifted
- 1 cup grated cheese
- 1/2 cup oil
- Salt and pepper



Pet corner

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GOLDASH AT THE CKC

The Laverton Community Resource Centre is getting Goldfish, Make sure to pop down to say hello and give them some

love!





GOLDFISH



Telescope

Shubunkin

Lionhead



Ryukin

tid you know?

Bubble Eye

- Goldfish exist in every continent except for Antarctica, but can survive in cold temperatures.
- Goldfish have no eyelids, and because of this cannot blink or sleep with their eyes closed. However, they do have good eyesight and can see up to 16 ft away
- Goldfish can be trained to retrieve items, recognize colors, and even swim through hoops.
- Goldfish were first domesticated in China 2000 years ago.
- It has been suspected that some Goldfish can recognize their owners face in a room of people, and some can even recognize the difference between different classical music! (with a lot of training)
- Goldfish do not have stomachs.
- The oldest living captive Goldfish was won as a prize in a fun fair and lived to be 43 years old.
- It was once thought that a Goldfish memory used to last 3 seconds, scientists now believe that Goldfish memories can last up to 5 months!
- Currently, there is around 300 different breeds of goldfish recognized in China

You might want to think again after flushing your goldfish down the toilet, or even releasing them into your local river, as it has sparked a discovery of giant goldfish living in Western Australian rivers, some weighing up to 2kgs! Scientists believe that this species of Goldfish (which is not native to Australia) have even adapted to salt water and now have the ability to move between rivers and into estuaries.



REF. https://www.nationalgeographi c.com.au/australia/glant-goldfishthreatens-australian-river-life.aspx







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MAY - visiting services





Monday	Tuesday	Tuesday Wednesday		Friday	
		1	2	3	
		Podiatrist, Dietician & Exercise Physiologist	Hept: Sector		
		9080 0400	Councillor		
		20 Contraction (200	Teaz Kinoo		
6	7	8	9	10	
		9080 0333	Hope: Lines ()		
		Counsellor	Councillor Teaz Kinoo		
		Aple Mui			
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				Curtin University	
			Councillor	Curtin Volunteers!	
			Teaz Kinoo		
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20	21	22	23	24	
Curtin University Curtin Volunteers!			E Hepe		
			Councillor Teaz Kinoo		
(E) come					
Driver Assessor in town-pre- bookings essential @ CRC					
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27	28	29	30	31	
	20	۷. 7			
			Hope Lines to Marine		
			Councillor Teaz Kinoo		

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May 2019 cal endar



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1	2	3	4	5
		Story & Rhyme Time @ CRC 10:30am	Seniors Morning Tea 10am @ CRC			
6	7	8	WOMENS GROUP 11:00-1:00 @ ONE TREE 9	10	11	12
6	/	O Damas da Assaura Contra		10		
		Story & Rhyme Time @ CRC 10:30am	KUNGKA 4:00PM- 6:00PM @ ONE TREE WOMENS GROUP 11:00-1:00 @ ONE TREE			Mothers Day
13	14	15	16	17	18	19
		Story & Rhyme Time @ CRC 10:30am	WOMENS GROUP 11:00-1:00 @ ONE TREE	Curtin University Curtin Volunteers!	Great Beyond 10-12pm ONT FORGET TO VOTE FORGET	Curtin University Curtin Vol unteers!
20	21	22	23	24	25	26
Curtin Unversity Curtin Vol unteers! Driver Assessor in town-pre-bookings essential @ CRC		NATIONAL SIMULTANEOUS STORY TIME @ CRC 10:30AM	KUNGKA 4:00PM- 6:00PM @ ONE TREE WOMENS GROUP 11:00-1:00 @ ONE TREE Council Meeting, 5pm			
27	28	29	30	31	1st June	2nd June
		Story & Rhyme Time @ CRC 10:30am	Seniors Morning Tea 10am @ CRC Internet CRC			